

# BOOK LAUNCH!

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Join author and special guest, **Megan De Beyer** at the launch of her brilliant debut book: **How to Raise a Man: A modern mother's guide to parenting her teenage son.**

Drawing on Eastern philosophy as well as Western psychology, the processes and ideas in this practical guide will help you survive your teenage son with your sanity intact.



[www.megandebeyer.com](http://www.megandebeyer.com)



## How to Raise a Man

THE MODERN MOTHER'S GUIDE TO  
PARENTING HER TEENAGE SON

Megan de Beyer

**WEDNESDAY, 26 FEB 2020  
18H30 FOR 19H00**

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