



**SUPPORT SMALL-SCALE URBAN FARMERS
BE PART OF AN ETHICAL & SUSTAINABLE FOOD SYSTEM
JOIN THE UMTHUNZI COMMUNITY
SIGN UP FOR AN UMTHUNZI HARVEST BAG SUBSCRIPTION
ACCESS NOURISHING FOOD & MEET GREAT HUMANS**

JOINING THE UMTHUNZI COMMUNITY is a shared commitment from farmers and consumers to support the sustainability and health of our local food system from seed to consumer

SIGN UP FOR AN UMTHUNZI HARVEST BAG SUBSCRIPTION to get seasonal, organic (non-certified), nourishing veggies locally grown and lovingly packed by a network of small-scale urban farmers from the Cape Flats

CONTACT US FOR MORE INFO www.umthunzifarmingcommunity.co.za
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